



Mama Z's Recipes + Garden + DIY

EVERYDAY TIPS FOR ABUNDANT LIVING

Window Sill Gardening (Part 5)

Welcome to the Abundant Life Tidbits. I'm Mama Z. And today we're going to talk about part 5, our last in the series of Window Sill Gardening.

We're going to be talking about transitioning your indoor plants to outside. We do that in 4 phases. We do that in:

1. Shade
2. Part shade
3. Part sun
4. Full sun

We're going to start off with the first phase, which is shade. We're going to take the plants that we used in the previous series and transition them to outside. In the first part with shade, you're going to look for an area of your house that is fully shaded, like under a deck, the shadiest side of your house, or in this case, because the sun rises over here and goes over this way, I've utilized this table and its glass and leg to protect the plants.

Next we are on to phase 2. Phase 2 is part shade. It is also important to keep those plants there 3 to 5 days. So you could put them next to, but not in full sun, under the deck, right at the edge where the sun is coming in. Or you could do like what I did, where it's still protected by this table and its top. But it still gets a good, full ray of sun, but it's not too hot.

Now we're onto phase 3, which is part sun. Part sun is a little bit sunnier than part shade. And as you can see from these plants,



Mama Z's
Recipes + Garden + DIY

EVERYDAY TIPS FOR ABUNDANT LIVING

they are still protected by the top of the table. But now they're not protected by the base of the table. You can achieve this by having them out in front of your deck so it is getting sun. But maybe it's not only getting full sun, it's getting part of the day. So either morning sun or afternoon sun, but not both.

After 3 to 5 days in part sun, then we're going to move to the last phase, which is full sun. From this point, they can either stay in full sun or be planted directly in the ground. As you can see, the plants that we've been transitioning are right here. They are completely open to the sun. And they can hit both morning through afternoon sun. Then we are ready to plant.

Thank you for joining us in our five-part series on window sill gardening. We hope you and your family enjoy the abundant life.