



Mama Z's Recipes + Garden + DIY

EVERYDAY TIPS FOR ABUNDANT LIVING

Window Sill Gardening (Part 1)

Thank you for joining us for our Abundant Life Tidbits. I'm Mama Z. And today we're going to talk about part 1 of window sill gardening.

The first thing that we're going to talk about is lighting. This is normally a regular light. But it is a grow light. They cost about \$5 a month if you leave it on 24 hours a day. And they go for 2 months if you leave them on only during the nighttime.

The second thing we're going to talk about is what I have on my window sill. I use the 3 favorite herbs that we use in our kitchen almost on a daily basis. We have basil, thyme and parsley. So I recommend putting your favorite plants there. And we transition them because they are not going to get as much light as they do outside. So what I do is I have them each stay in for about 2 months, and then I transition them to outside, which takes about a week. And then I put new plants in.

The third thing that I use for my window sill garden is any of the fruit that has fallen off during the process of picking or has fallen off because of watering or rain. And I let it come in. And I let it finish ripening so you do not have to waste it in the refuse pile.

Thank you for joining us for our Abundant Life Tidbits. Also please join us for part 2 of Window Sill Gardening: Rooting and Planting Plants.